

Intensive Behavioral Health Treatment Facility Funding Q&A Session

JANUARY 2024



Washington State
Department of
Commerce

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HOMELESSNESS



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SMALL BUSINESS
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ENERGY



PLANNING AND TECH
ASSISTANCE



COMMUNITY
SERVICES AND FACILITIES



CRIME VICTIMS AND
PUBLIC SAFETY



ECONOMIC
DEVELOPMENT

Agenda

- 2023-25 Funding Round Overview
- Commerce Program Overview
- Health Care Authority Overview
- Financial Information Overview
- Department of Health Overview
- Resources
- Q&A



2023-25 Funding

All funding is provided through the Washington State Capital Budget.



BHF Funding Availability & Timeline

The Behavioral Health Facilities Program received competitive Regional Needs, Intensive Behavioral Health Treatment Facility (IBHTF), Children and Minor Youth funding in the [2023-25 Washington State Capital Budget](#). If all funds are not award awarded during the first competitive application round, we will hold another round in spring of 2024. 2023-25 Funds will require a 10 year service commitment period. While funds are guaranteed to be available for use through June 30, 2025, we assume funds will be re-appropriated through June 30, 2027. The IBHTF cap is 4 million.

Competitive Grant Rounds Open Fall/Winter 2023	
Regional Needs	\$ 28,443,000.00
Intensive Behavioral Health Treatment Facilities	\$ 24,000,000.00
Children & Minor Youth	\$ 18,000,000.00

Autumn/Winter Funding Round Timeline

Application Open in ZoomGrants	December 12, 2023
Informational Webinars/Q&A	Jan. 3, 4 and 10, 2024
Pre-Application Responses Due	January 29, 2024 (midnight, automatic shut down)
Complete Application Submission Due	February 12, 2024 (midnight, automatic shut down)
Commerce and Subject Matter Expert Review of Applications	February- April, 2024
Notification of Award	Late Spring/Early Summer 2024
Application Debrief Period	Available for a two-week period post award announcement
Contract Negotiation, Drafting and Execution	Begin after the debrief period has concluded
Grant Fund Expenditures Due Date	June 30, 2025, unless re-appropriated through June 30, 2027

Commerce Program Overview



BHF General Program Information

- **Grants are issued to:**
 - Community Hospitals
 - Community providers of behavioral health services to include:
 - City, town and county governments
 - Tribal governments or enterprise
 - Nonprofit organizations
 - For-profit businesses
- **Grant awards must increase capacity for behavioral health services**
 - New beds, recliners, and/or outpatient facilities
- **Grant rounds are planned for the autumn and spring of each year, as funding is allocated by the legislature.**



Grant rounds are planned for the autumn and spring of each year after funding is allocated by the Legislature.

General Program Information

Grants reimburse capital costs

- Construction
- Capitalized equipment
- Acquisition of buildings and land

Require a 10 year commitment period (2023-25 Capital Budget)

- Deeds of trust
- In-house monitoring
- Monitoring partnerships with other state agencies



Grant rounds are planned for the autumn and spring of each year after funding is allocated by the Legislature.

General Program Information (Continued)

- Projects awarded by a grant must establish new capacity for behavioral health services in communities and address gaps in geographical behavioral health service needs.
- Awardees must meet all applicable Department of Health (DOH) licensing, certification, and construction review requirements
- Awardees must commit to serve persons who are publicly funded.
- Commerce funds may only be used for capital expenditures. These funds are not for operations.

General Program Information (Continued)

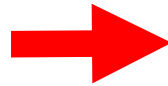
- Consultation with the regional Behavioral Health Administrative Service Organization (BH-ASO) and Managed Care Organization (MCO), as well as close coordination with the Health Care Authority (HCA) or Department of Social and Health Services (DSHS), is required of awardees to ensure grant funded facilities can become operational.
- Grant funds cannot be used for costs incurred before the date of award letter. This includes acquisition costs.

Online Application Instructions

How to apply for a BHF grant in ZoomGrants



Online Application Instructions in ZoomGrants



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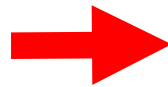
www.zoomgrants.com

ZoomGrants

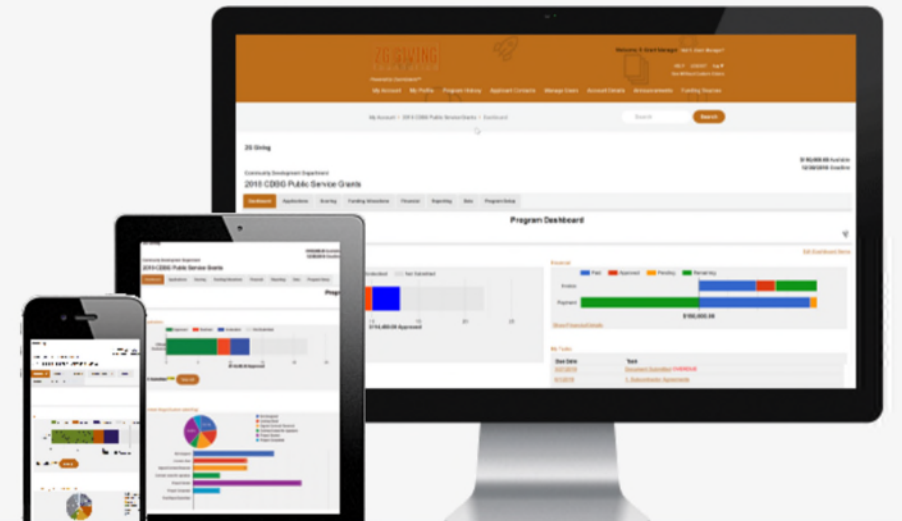
Online Application Management

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Application, review and reporting process entirely online.
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Online Application Instructions in ZoomGrants

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You have successfully created a new account and logged in.
Select a program below and click the 'Apply' button to get started.

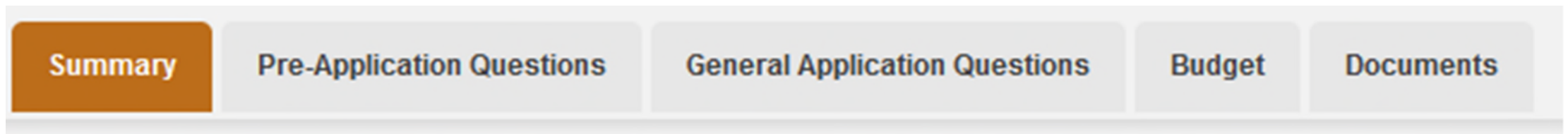
Washington State Dept. of Commerce
[Open Programs](#)

Open Programs

WSBO Infrastructure Acceleration Grants 10/18/2021 - Organizations Only	Apply	Preview
Matching Grants for Federal Funding 11/15/2021 - Organizations Only	Apply	Preview
2021-23 ELF ELIGIBLE ORGANIZATIONS FUNDING ROUND 12/1/2021 - Organizations Only	Apply	Preview
2021-23 BEHAVIORAL HEALTH FACILITIES (BHF) SPECIALIZED DEMENTIA CARE (SDC) AND ENHANCED SERVICE FACILITIES (ESF)	Apply	Preview

Online Application Instructions in ZoomGrants

- Tab 1: Summary
- Tab 2: Pre-Application Questions
- Tab 3: General Application Questions
- Tab 4: Budget
- Tab 5: Documents
 - Refer to the Program Guidelines and Notice of Funding Opportunity (NOFO) document on the Commerce BHF website for additional written detail.



Online Application Instructions in ZoomGrants

- For more instruction on how to fill out an application in ZoomGrants:

<http://zoomgrants.com/welcome/applicantslideshow.pdf>



HCA Overview

Meghan DeGallier



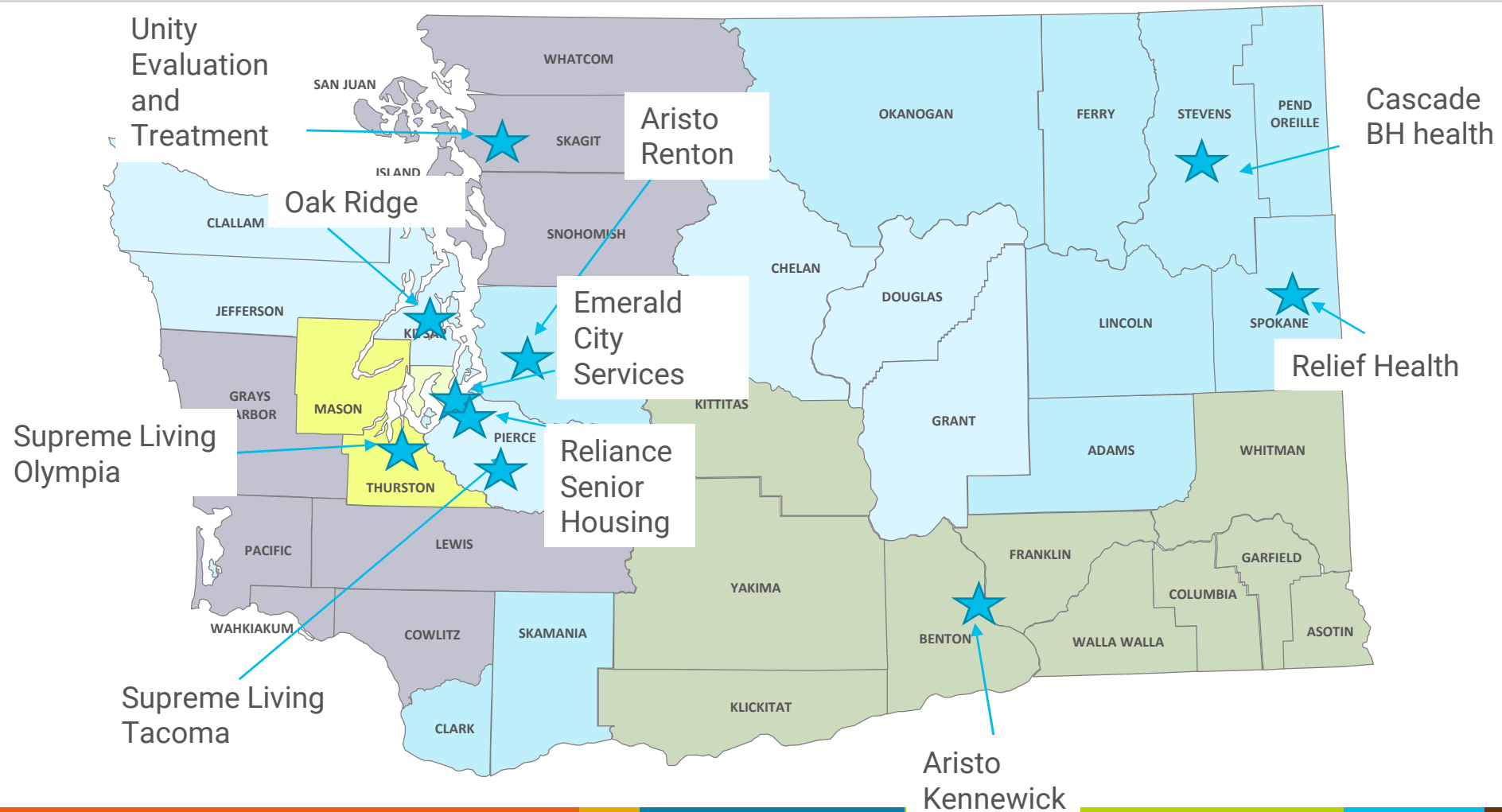
Intensive Behavioral Health Treatment Facilities

- **Purpose**
 - To provide ongoing care to adults who no longer benefit from treatment at state hospitals and civil commitment facilities (LTCC) but need further treatment and support to fully integrate back into their community.
- **HCA's role**
 - HCA will work closely with the awardees of the commerce solicitation to help with starting the program development to ready the facility for admissions after construction completion.

IBHTF model

- 16 bed facilities for people who have completed all care objectives in a long-term hospitalization (90/180 bed or State Hospital) who need ongoing treatment to stay in the community.
- 24/7 onsite mental health treatment by multidisciplinary team.
- First facility opened January 2023
- Funding first provided in FY 2020-21 Capital and Operating budgets
- Capital funding for the 19-21 biennium was for 4 facilities, 21-23 biennium had 6 awardees.
- Operating funding appropriated is: GF-s 1,455,000 in FY 2020 and 1,401,000 in FY 2021 with a federal appropriation of 3,210,000 GFF, reappropriated in 2022-23 biennium GFS: FY24 \$1,401,000 ; FY25 \$1,401,000, GFF: \$3,201,000 for both fiscal years (FY24 and FY25). There likely will be additional appropriations through the supplemental budgets.

IBHTF facilities funded in Washington



Contact HCA

- Point of contact for IBHTF facilities at HCA is Meghan DeGallier and can be reached at meghan.degallier@hca.wa.gov

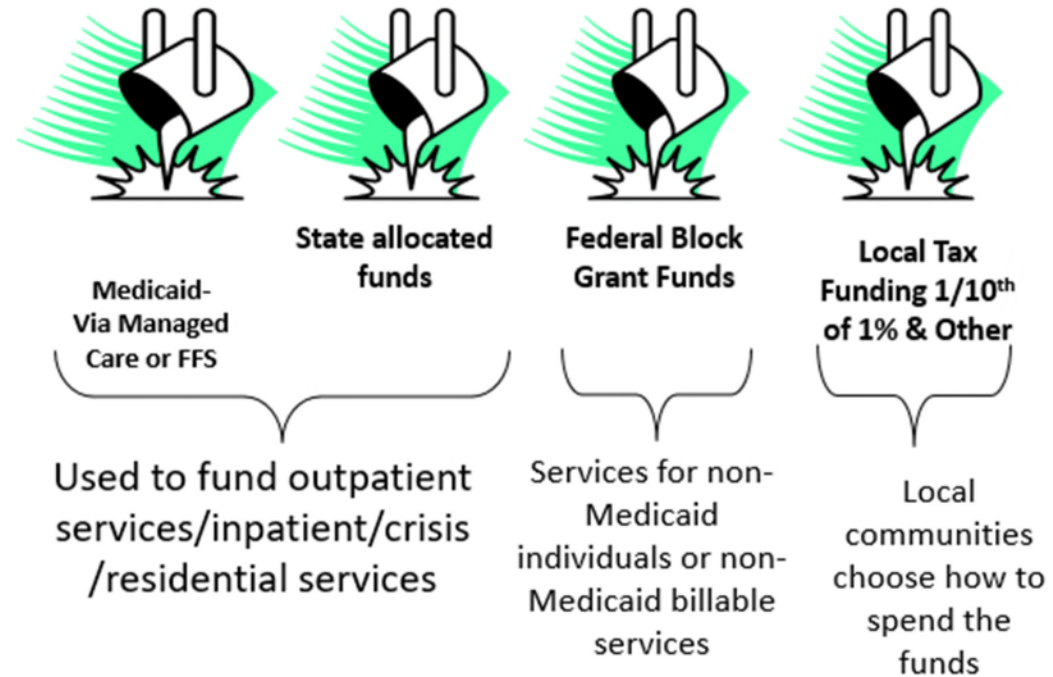


Behavioral Health Funding Overview

January 2024

Michele Fasano Wilsie
Health Care Authority

Behavioral Health Funding Sources



Behavioral Health Funding Overview

MCO = Medicaid Managed Care- Pays for services within Medicaid allowable

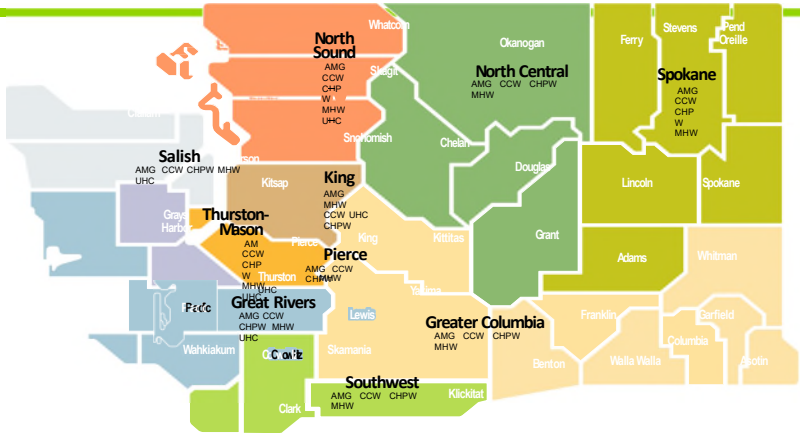
MCO = Wrap Around Contract – GFS – Medicaid eligible person, not Medicaid services

ASO – GFS – Crisis Services, Other Proviso \$\$, Can Hold Other Contracts, Block Grant

Direct Contracts – Specific Proviso Funding, Block Grant, Other funds

Local Funds – Used within each region

Apple Health Managed Care service area map 2023



Integrated managed care regions

Greater Columbia	Thurston-Mason
King	Salish
Pierce	Great Rivers
Spokane Central	Southwest Washington
	North

Apple Health Foster Care (statewide)*

Health plans offered

AMG	— Amerigroup Washington
CCW	— Coordinated Care of Washington
CHPW	— Community Health Plan of Washington
MHW	— Molina Healthcare of Washington
UHC	— UnitedHealthcare Community Plan

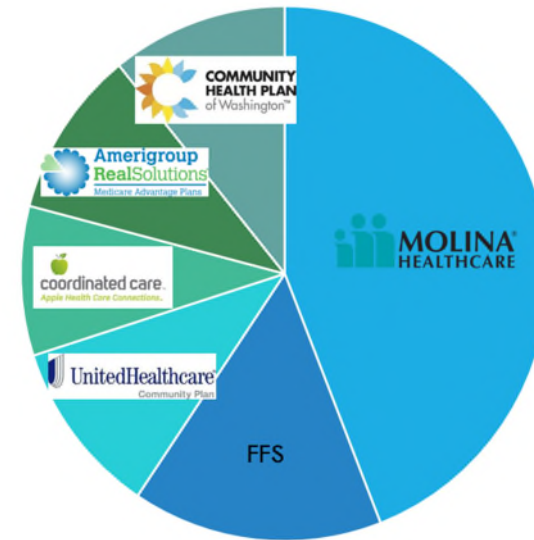
* Apple Health Foster Care is a statewide program. Integrated managed care is provided through Apple Health Core Connections (Coordinated Care of Washington - CCW).

HCA 19-0036
(5/21)

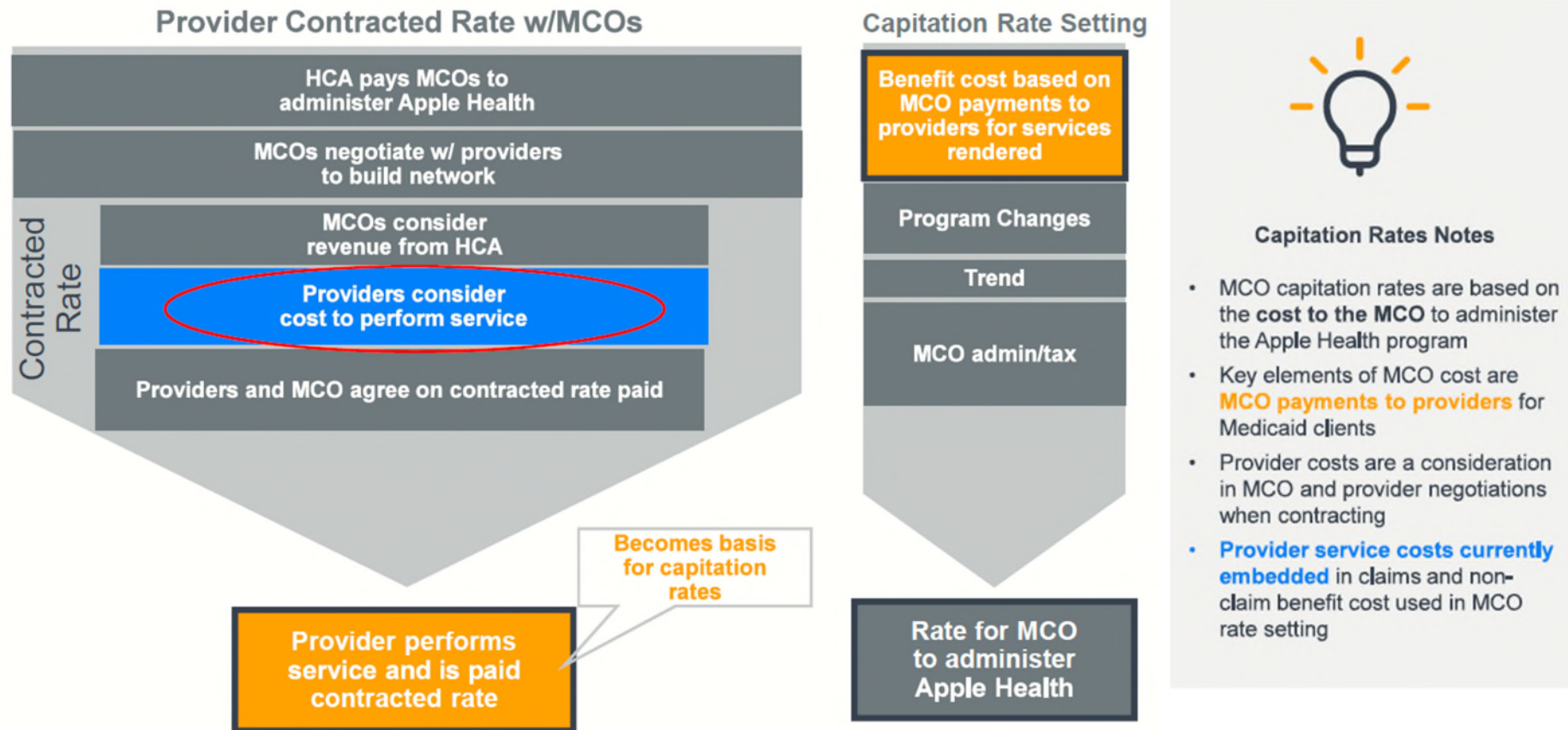


Apple Health Managed Care In WA

- ▶ Five MCOs are contracted with HCA to deliver physical and behavioral health:
 - ▶ Amerigroup
 - ▶ Community Health Plan of WA
 - ▶ Coordinated Care
 - ▶ Molina Healthcare
 - ▶ United Healthcare
- ▶ Coordinated Care holds the contract to manage healthcare for foster care children



Provider Costs Embedded in Capitation Rates



BH-ASO Population-based services

- ▶ Provide crisis services to all individuals, regardless of insurance
 - ▶ Crisis line (24/7)
 - ▶ Mobile Outreach Crisis Teams
 - ▶ Crisis Triage & Stabilization
 - ▶ Crisis Intervention
 - ▶ Specific funding – PACT, New Journeys, Discharge, Jail
- ▶ Administer Involuntary Treatment Act (ITA)
 - ▶ Conduct ITA investigations
 - ▶ Write ITA petitions and detain individuals when indicated
 - ▶ Monitor compliance with less restrictive treatment services
 - ▶ Coordinate necessary services including due process

Projecting Costs for Start Up and Operations

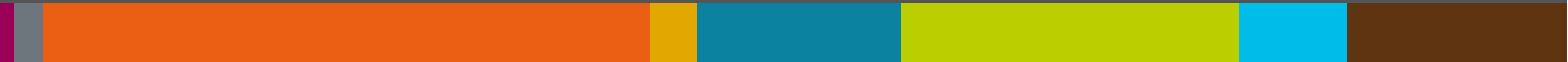
- ▶ Largest Cost Driver – Staffing and Benefits
- ▶ Facility Costs and Expenses
- ▶ Capital Costs for Equipment
- ▶ Patient Specific Needs
- ▶ Start Up Costs
- ▶ Ramp Up Costs

Considerations When Projecting Costs

- ▶ Region Specific Considerations
- ▶ Delays in Construction
- ▶ Hiring Difficulties
- ▶ Training Periods
- ▶ Getting to Full Capacity
- ▶ On-Call Staffing Costs

Licensing and Construction Review

Daniel Overton



Licensing

- An Outpatient program would only need a Behavioral Health Agency license (BHA)
- A Residential Treatment Facility needs a BHA and an RTF license.
- The application process for these applications may take, at a minimum, up to 6 weeks to complete.
- All facilities will be required to complete an initial application as well as an initial review, after one year of service.

Licensing Requirements

The requirements for these facility types are dependent on services provided and may include things such as:

- Mental Health Professional on staff/available 24/7
- Ensuring a safe staffing pattern
- Providing services on a 24/7 basis
- Coordination with Community Providers including Emergency rooms, Evaluation and Treatment Centers, DCR and local first responders
- May provide services to involuntary/voluntary individuals
- Training plan for all staff members
- Provide a secure facility for individuals

Things to know...

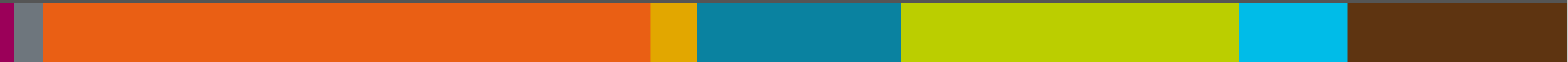
- If the agency is requesting licensing for an RTF by remodeling or building a new building a project, they must get approval from Construction Review (CRS) within DOH. Approval by CRS must take place before the BHA/RTF application can be approved.
- A complete list of licensure requirements is documented in WAC 246-341 (BHA) and WAC 246-337 (RTF).

DOH Contact Information

For questions or technical assistance with the process, please reach out to the following:

- Dan Overton, LMHC: Dan.Overton@doh.wa.gov

Resources



Links to BHF Applications

- **Children & Minor Youth Application**
Link: <https://www.zoomgrants.com/gprop.asp?donorid=2142&limited=5070>
- **Intensive Behavioral Health Treatment Facilities (IBHTF) Application**
Link: <https://www.zoomgrants.com/gprop.asp?donorid=2142&limited=5069>
- **Regional Needs Notice of Funding Opportunity (NOFO) Application**
Link: <https://www.zoomgrants.com/gprop.asp?donorid=2142&limited=5068>
- Technical assistance is available by reaching out to us at BHFInquiry@commerce.wa.gov between Tuesday, December 12, 2023 and Thursday, February 8, 2024.

Important Documents

Please review the Program Guidelines, Notice of Funding Opportunity (NOFO), and Frequently Asked Questions (FAQ) if you are considering applying for a BHF grant:

- [Behavioral Health Facilities Program Guidelines \(all funds\) \(PDF\)](#)
- [Behavioral Health Facilities Frequently Asked Questions \(all funds\) \(PDF\)](#)
- [Children & Minor Youth Notice of Funding Opportunity \(NOFO\) \(PDF\)](#)
- [Intensive Behavioral Health Treatment Facilities \(IBHTF\) Notice of Funding Opportunity \(NOFO\) \(PDF\)](#)
- [Regional Needs Notice of Funding Opportunity \(NOFO\) \(PDF\)](#)

Technical Assistance

Technical assistance is available by reaching out to us at BHFInquiry@commerce.wa.gov between Tuesday, December 12, 2023 and Thursday, February 8, 2024.

It is important that you **do not** email Commerce staff directly with your technical assistance requests. If the individual you contact is out of the office, they will not be able to respond in a timely manner.

Email Notifications

- Sign up on our website to be notified of key program information and updates.

Go to:

<https://www.commerce.wa.gov/building-infrastructure/capital-facilities/behavioral-health-bed-grants/>

E-mail Updates

To sign up for updates or to access your subscriber preferences, please enter your contact information below.

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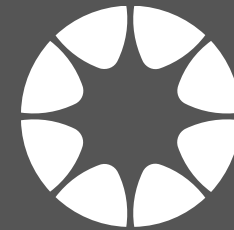
Thank you!

For Application Technical Assistance:

BHF Inquiry Folder

FOR GENERAL QUESTIONS

bhfinquiry@commerce.wa.gov



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Special Thanks for Participation in Q&A Session:

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